



- \_\_\_\_\_ 23. People who seek emotional-sexual relationships with members of the other sex.
- \_\_\_\_\_ 24. People who seek emotional-sexual relationships with members of either sex.
- \_\_\_\_\_ 25. The view that body weight is determined by a wide variety of factors and that the body does not defend a particular point.
- \_\_\_\_\_ 26. Individuals' personal perceptions of their overall happiness and life satisfaction.
- \_\_\_\_\_ 27. The need to master difficult challenges and to excel in competition with others.
- \_\_\_\_\_ 28. An increase in the electrical conductivity of the skin related to an increase in sweat gland activity.
- \_\_\_\_\_ 29. A reaction that includes cognitive, physiological, and behavioral components.
- \_\_\_\_\_ 30. The technical name for the "lie detector."
- \_\_\_\_\_ 31. The informal name for polygraph, an apparatus that monitors physiological aspects of arousal (e.g., heart rate, GSR).

## Review of Key People

David Buss  
 Walter Cannon  
 Ekman & Wallace Friesen

William James  
 Joseph LeDoux  
 William Masters & Virginia Johnson

David McClelland  
 Stanley Schachter

- \_\_\_\_\_ 1. Proposed that emotions arise in subcortical areas of the brain.
- \_\_\_\_\_ 2. Prominent evolutionary theorist who explored, among many other topics, gender differences in human mate preferences.
- \_\_\_\_\_ 3. Proposed the two-factor theory of emotion.
- \_\_\_\_\_ 4. Proposed that the amygdala serves as a "hub" of rapid emotional response, especially to sensory input involving threat.
- \_\_\_\_\_ 5. Did the ground-breaking work on the physiology of the human sexual response.
- \_\_\_\_\_ 6. Is responsible for most of the early research on achievement motivation.
- \_\_\_\_\_ 7. In a series of cross-cultural studies found that people can identify six or so basic emotions from facial expressions.
- \_\_\_\_\_ 8. Thought that emotion arose from one's perception of variations in autonomic arousal.

## Self-Quiz

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1. Which of the following are most likely to be similar in BMI (body mass)?
  - a. identical twins brought up in different family environments
  - b. fraternal twins brought up in the same family environment
  - c. parents and their adopted children
  - d. adopted siblings brought up in the same family environment
2. The subjective feeling of hunger is influenced by:
  - a. the amount of glucose in the bloodstream
  - b. secretion of insulin by the pancreas
  - c. external cues, including odor and appearance of food
  - d. all of the above
3. What is the effect of insulin on blood glucose?
  - a. Glucose level increases.
  - b. Glucose level decreases.
  - c. Glucose changes to free fatty acids.
  - d. CCK increases.
4. According to this theory, the sex that makes the larger investment in offspring (bearing, nursing, etc.) will be more selective of partners than the sex that makes the smaller investment.
  - a. adaptation level theory
  - b. parental investment theory
  - c. investment differentiation theory
  - d. social learning theory
5. Which of the following theories proposes that the body actively tries to defend a precise body weight by adjusting metabolism and hunger?
  - a. set-point theory
  - b. settling-point theory
  - c. adaptation level theory
  - d. parental investment theory
6. Which of the following would best reflect the James-Lange theory of emotion?
  - a. Thinking about the cause of general autonomic arousal produces different emotions.
  - b. Different patterns of autonomic activation produce different consciously experienced emotions.
  - c. Emotion originates in subcortical structures, which send signals to both the cortex and autonomic nervous system.
  - d. Cognitive awareness of emotion precedes autonomic arousal.
7. The fact that identical twins are more likely to share sexual orientation than fraternal twins suggests that sexual orientation is:
  - a. due to the environment
  - b. in part genetic
  - c. largely chemical
  - d. primarily hormonal
8. Cultural norms that indicate which facial expressions of emotion are appropriate on what occasions are termed:
  - a. display rules
  - b. parental investments
  - c. investment differentiations
  - d. social scripts

9. According to the evolutionary theories, men seek as partners women who:
  - a. are similar to them in important attitudes
  - b. have a good sense of humor
  - c. are beautiful, youthful, and in good health
  - d. have good financial prospects
  
10. What test is generally used to measure need for achievement?
  - a. the TAT
  - b. the GSR
  - c. the Rorschach
  - d. the MMPI
  
11. Evidence regarding facial expression in different cultures suggests that:
  - a. two-factor theory accounts for nonverbal behavior
  - b. facial expression of emotion is to some extent innate
  - c. emotions originate in the cortex
  - d. learning is the major factor in explaining basic facial expressions
  
12. Which of the following proposed that emotion arises from one's perception or interpretation of autonomic arousal?
  - a. Schachter
  - b. Cannon-Bard
  - c. LeDoux
  - d. McClelland
  
13. Which of the following theories asserts that thinking or cognition plays a relatively small role in emotion?
  - a. two-factor theory
  - b. James-Lange theory
  - c. achievement theory
  - d. evolutionary theory
  
14. Of the following, which has been found to be most strongly associated with happiness?
  - a. physical attractiveness
  - b. health
  - c. job satisfaction
  - d. general intelligence
  
15. Someone exhorts people to take action against company policy, as follows: "We can oppose these changes, or we can live out our lives in poverty." This type of argument reflects which of the following fallacies?
  - a. slippery slope
  - b. weak analogy
  - c. false dichotomy
  - d. circular reasoning